

Post-lesson quiz for credit



To validate the lesson and quiz and receive the certificate of completion with one-half contact hour of credit, detach and complete the quiz and submittal form, then return both with payment to: AHE Continuing Education, 155 N. Wacker Drive, Suite 400, Chicago, IL 60606.

1. How is *Clostridium difficile* (*C. difficile*) spread?

- a. Contact with a health care worker with contaminated hands
- b. Contact with a patient with *C. difficile*
- c. Contact with the contaminated environment
- d. All of the above

2. According to the article, what is the range of the increased length of stay in health care facilities due to *C. difficile*?

- a. 3.5 to 5.6 days
- b. 2.6 to 4.5 days
- c. 1.5 to 3.5 days
- d. 4.5 to 7.6 days

3. Alcohol-based hand sanitizers are more effective than soap and water for removing *C. difficile* spores from hands.

- a. True
- b. False

4. What are the elements of a comprehensive *C. difficile* prevention program?

- a. Surveillance, isolation, hand hygiene, and environmental cleaning and disinfection
- b. Environmental cleaning, use of contact precautions, isolation and staff education
- c. Hand hygiene, surveillance, use of contact precautions, dedicated patient equipment, and environmental cleaning and disinfection
- d. None of the above

5. When *C. difficile* is a concern, using a 1:10 bleach solution as a disinfectant is included in recommendations by the Association for Professionals in Infection Control and Epidemiology, Society for Healthcare Epidemiology of America and the Centers for Disease Control and Prevention.

- a. True
- b. False

6. How long can *C. difficile* spores survive on surfaces?

- a. 24 hours
- b. Several months
- c. 48 hours
- d. Less than a week

7. Which of the following is not a symptom of a patient suffering from *C. difficile*?

- a. Diarrhea
- b. Abdominal cramps
- c. Fever
- d. Vomiting

8. What are some of the challenges that infection preventionists and hospitals face when attempting to implement a *C. difficile*-prevention program?

- a. Staff education and systems support
- b. Consistent staff compliance with infection-prevention protocols
- c. Health care professionals' lack of necessary knowledge and skills
- d. All of the above
- e. None of the above

9. Patients with *C. difficile* should be placed in private rooms. If single rooms are not available, *C. difficile* patients can share a room, but each patient should have his or her own dedicated commode.

- a. True
- b. False

10. Specific practice competencies that are important for health care personnel efforts to prevent transmission of *C. difficile* infection include:

- a. Modes of disease transmission, critical thinking, leadership and financial management
- b. Modes of disease transmission, critical thinking, effective staffing and problem solving
- c. Modes of disease transmission, leadership, implementing change and systems approaches to care
- d. Leadership, implementing change, systems approaches to care and effective staffing

» How to earn CPE credits

This self-study series is presented by the Association for the Healthcare Environment (AHE) of the American Hospital Association for the purpose of its members earning



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CPE credits may be used toward maintenance of the Certified Healthcare Environmental Services Professional (CHESP) certification and to validate and document in-service training for staff personnel files. One-half contact hour is awarded by AHE for this and other offerings. Participants may have up to two attempts to attain a passing score of 70 percent on the post-lesson quiz. In accordance with CHESP requirements, those renewing certification must earn 45 contact hours of continuing education in a three-year period.

Participants must read the self-study lesson in this issue of *Health Facilities Management* and complete the post-lesson quiz. The quiz should be graded by the supervisor, validated, retained and filed by both parties along with the certificate of completion received by AHE. ■

Submittal form: Please print or type

I have enclosed the scoring and administrative fee of \$15. (Please make checks payable to AHE. Refunds cannot be provided.)

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